



Base Bulletin

Vandenberg AFB, CA 93437-0759



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The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to 1 line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. Emission Security: If you do electronic processing of classified information, please ensure you have a current EMSEC evaluation or inspection on file with the Wing Information Assurance Office (WIAO). Call MSgt M. Landon at extension 5-2352 for assistance. (30CS/SCBI, 5-2352)

b. New Publications: The following new publications are available on the VEPDL. 30SWVA 32-5, Commander's Environmental Policy, and AFI10-201_30WSUP1, Status of Resources and Training System (SORTS), 14 AFI 36-2201, Training, Certification, and Management of Launch Weather Crew Force. (30CS/SCSPP-DCI, 6-7894)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Shipping/Receiving Packages via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DoD approved GSA contract, FedEx is authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised on the classification level. Any questions may be directed to MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

3. Security Squadron Information:

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call Police Services, 5-0792. (30 SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg. 13675. For more information, call Police Services, 5-0792. (30 SFS/SFOSP)

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TEAM VANDENBERG

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1., all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg, 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

4. A Force Reserve:

Palace Chase Briefing: 10 Apr 01, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend this briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704). (30 MSS/ISR)

OFFICIAL

Robert M. Worley II
Colonel, USAF
Commander

Mary E. Meyer
Chief, Publishing Management

SECTION III - UNOFFICIAL

Family Support Center: Pre-Register for all Classes, Workshops & Seminars. (30MSS/DPF)

a. WIC Office Comes To You: 27 Sep 01. A satellite office of the Women, Infants, & Children (WIC) Program is at the Family Support Center the 4th Thursday of each month from 0800-1700 for Vandenberg personnel who meet program requirements. WIC is a nutrition education program, and provides supplemental food to promote good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. For more information contact Teresa Orozco at 6-4636, or call the Lompoc WIC office at 737-6470 for an appointment.

b. Kids on the Move: 28 Sep 01, 1500-1630. A video, "Let's Get a Move On", forms the core for discussion and activities for children ages 6-11 arriving or departing VAFB in the next 3 months. Each child will receive an individual package. Please register, 6-0801.

c. Individual Retirement Accounts: 28 Sep 01, 1100-1200. Today's IRA's offer greater flexibility and incentives for saving than ever before. Learn how to determine the best IRA choice for you and your family. To register call 6-4491.

d. TAP Seminar: 2-4 Oct 01. This is a highly recommended seminar for those who are scheduled for separation or retirement from the military service within the one-year window. Speakers from VA, DVA, DoL, DoD, Relocation, and Education brief you on job search, networking, resume writing, interview technique, negotiating salaries, coping with transition, federal employment opportunity, relocation, education and vocational opportunities, etc. and other topics. Spouses are accommodated on a space available basis. Call 5-0134 for registration.

e. Initial Transition Plan: For military members scheduled to be separated or retired, an Initial Transition Plan (ITP) counseling is required at least 90 days prior to leaving the service. The briefing mainly consists of service members' benefits. The base Transition Assistance Program (TAP) has just added a session to offer this mandatory counseling, every Tuesday morning, 0800-0900, except the TAP Seminar week. Spouses are welcome and encouraged to attend. Call 5-0134 for scheduling.

f. Single Parents Support Group: 9 Oct 01, 1100-1300 at the Pacific Coast Club. This is an informal group for individuals who are dealing with divorce and single parenting. Pre-Registration not required. For more information, call 6-9958.

g. Resume Writing: 10 Oct 01, 0930-1130. Learn how to write a winning resume or update an old one. Learn current formats/styles, hot effective words and power statements to include in your winning resume! To register call Tinisha Agramonte at 5-8557.

30th Services Squadron: (30 SVS/SVK, 6-0276)

a. Pacific Coast Club: (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- **Ultimate Membership Drive Kickoff:** Now through 18 Nov 01. Become a club member during this drive and have a chance to win some new wheels.
- **Every Friday is Club Card Drawing.** Don't miss your chance to win the Jackpot. Drawing is every Friday between 1700-2000. Must be present to win.
- **Football Frenzy:** 1 Oct 01, 1700. San Francisco 49ers vs. NY Jets.
- **Entertainment Events:**
 - 28 Sep 01, 2100-0200. **70's Night** in the Hawk's Nest.
 - 28 Sep 01, 2000-2400. **Karaoke Night** in the O-Lounge.
 - 28 Sep 01, 1700-2000. **DJ** in the Hawk's Nest.
 - 29 Sep 01, 2100-0200. **DJ** in the Hawk's Nest.
 - 4 Oct 01, 2100-0200. **Mug Night with DJ** in the Hawk's Nest.
 - 5 Oct 01, 1700-2000. **DJ** in the Hawk's Nest.
 - 5 Oct 01, 1800-2200. **Karaoke Night** in the O-Lounge.
 - 6 Oct 01, 2100-0200. **DJ** in the Hawk's Nest.
 - 7 Oct 01, 2100-0400. **All Nighter** in the Hawk's Nest.

Menu

- 27 Sep 01, 1800-2000. **Mongolian BBQ.** \$5,95.
 - **Evening Dining:** Starting in October the Pacific Coast Club will discontinue its evening dining. However, Foggio's will still be available seven nights a week.
 - **Foggio's:** Call and order ahead at 5-7800.
- b. Fitness Center:** (30SVS/SVMP, 6-3832)
- **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
 - **Run/Walk Across America:** 1 Oct 01 Kick-Off. This is a free incentive program with awards being offered for achieving levels of distance. This program is open to everyone. Sign up at the Fitness Center.
 - **BMX/Mountain Bike Race:** 4 Oct 01 sign up deadline, 6 Oct 01, 1200 race at the ORV Course. Sign up at the Fitness Center.
 - **Fitness Workshops:** All Fitness Workshops are located in the Services Center Aerobics Room.
 - 29 Sep 01, 1000. **Intro to Outdoor Group Walking.**
- c. Family Aquatics Center:** (30SVS/SVRO, 6-3581)
- **Youth Swim Lessons:** Lessons are extended through the fall. Open Registration for Saturday lessons will be held from 0900-1300, Monday-Friday. Fall Session runs from 22 Sep 01 through 20 Oct 01.
- d. Bowling Center:** (30SVS/SVK, 6-3209)
- **9-Pin No Tap Tournament:** 29 Sep 01. Check-In at 1730. Bowl at 1800. Cost is \$10 per person.
 - **Thunder Alley/Rock 300:** Glow and Bowl. Thursday, 1800-2100, Family Night. Friday, 2200-0100, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **Bonanza Bingo:** Play daily from open to close. It's only \$1 per card for a chance to win up to \$1000.
- e. Services Center:** (30SVS/SVYR, 5-8974)
- **Talent Show Volunteers:** 26 Sep 01, 1000-1100. Meeting at the Services Center for anyone interested in volunteering for an upcoming Talent Show. Help is needed for backstage workers and crew.
 - **Natural Knead Massage Therapy:** Therapeutic massage is a valuable addition to health care and fitness routines as a natural way to promote healthy body functioning, and to enhance the body's restorative powers. Located in the Services Center, call for appointments at 5-4748. Current Specials Offered:
 - 30 Minute Lemon and Mint Foot Bath and Massage - \$25.
 - 1 Hour Aromatherapy Massage Special - \$45.
 - 1 Hour Massage Special for E1-E4 - \$35.
 - **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center, Wednesday, 1830-2100.
- f. Youth Center:** (30SVS/SVYY, 6-2152)

- **Youth Basketball:** 29 Sep 01. Register at the Youth Soccer Field snack bar on Saturdays from 1100-1300. Boys and girls grade K-2 (Co-Ed), boys grade 3-4, 5-6, 7-8 and girls grade 3-4, 5-6, 7-8. Girl teams will play in Lompoc and Vandenberg Village.
 - **Volunteers Needed:** Youth Sports is looking for volunteers to be coaches, score keepers and officials for the upcoming season.
 - **Parents Advisory Board:** Stop by the first Wednesday of every month for the Parents Advisory Board Meeting.
- g. Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Ladies Priority:** Every Wednesday 0830-0900.
 - **Intramural Golf:** Tuesday and Thursday, 1130-1230.
- h. Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
- **Open Skeet and Trap Shooting:** Every Wed, Fri, Sat, and Sun at 0830, except for special events.
- i. Library:** (30 SVS/SVT, 6-6414)
- **Pre-School Story Time:** 27 Sep 01, 1000. The theme is Hispanic Heritage Month. Sign up your 2-5 year old child by calling the Library at 6-6414.
 - **Internet is Here!** The library now has Internet access available.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

The Pitsenbarger Award: Formerly known as the Eagle Grant, provides a one-time award of \$400 to selected top USAF enlisted personnel graduating from the Community College of the Air Force (CCAF) who plan to pursue a baccalaureate degree. The grant was renamed this year in honor of Medal of Honor recipient A1C William Pitsenbarger. Airman Pitsenbarger, a highly trained Pararescue Jumper, was killed in the line of duty during the Vietnam War while rendering aid to an Army unit under heavy attack by a Viet Cong battalion. Applications and requirements for the Pisenbarger Award will be sent to eligible CCAF Fall graduates. The Award will be presented at the CCAF Fall Graduation on 28 Nov 01. For information contact Base Education 5-5906.

Personal Computer Training Classes: (30CS/MCA, 6-3371)

a. New Classes:

Publisher 2000: Microsoft Publisher 2000 helps you easily create, customize, and publish materials such as newsletters, brochures, flyers, catalogs, and Web sites. Publish easily to your desktop printer, at a copy shop or commercial print shop, or directly to the Web.

Front Page 2000: The Microsoft FrontPage® 2000 Web site creation and management tool gives you everything you need to create and manage exactly the site you want, whether you are creating a personal Web page or a corporate Internet or intranet site.

Form Flow: Learn how to make this program behave better.

Lunch and Learn: Call 6-3371 for the schedule of classes or visit: [\\30cs-training\Class Descriptions\Lunch and Learn.doc](#).

b. Classes are open to active duty military, DOD employees, Reservists, Guard and Volunteers supporting Team Vandenberg only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word, Excel, PowerPoint, and Access. Classes offered are:

Introduction to Computers — A Basic Class for Beginners.	Access 97; Access Lab, Access 2000 Beginning; Access 2000 Intermediate.
Word 97; Word 97 Advanced; Word 2000.	Palm PDA Beginning.
Excel 97; Excel 97 Advanced; Excel 2000.	Project 98.
PowerPoint 97; PowerPoint 2000.	Front Page 2000.
Publisher 2000.	Outlook 98, Outlook 98 Email Only.

c. Computer Based Training (CBT) Facility. In addition to the existing traditional demonstration/lecture courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those who are unable to satisfactorily complete CBTs at their Personal Computer in their regular work environment.